



iD EXPERT BELT FITTING GUIDE



YOUR TRUSTED PARTNER
IN CONTINENCE CARE



iD EXPERT BELT

iD Expert Belt are belted briefs designed for managing moderate to heavy incontinence in active and independent people. They are also recommended for people with limited mobility or those who require assistance.

STEP 1

Start by unfolding the iD Expert Belt, opening it out first from right to left, and then from left to right. Fold the iD Expert Belt in half lengthways and gently channel it by running your fingers underneath the back sheet. This activates the anti-leak cuffs.

STEP 2

Stand next to the patient and fasten the belt around their waist by means of the velcro tabs. Next, bring the pad upwards between the legs, taking care to maintain the cupped shape. If the patient is immobile, gently roll them onto their side and insert the iD Expert Belt between their legs from front to back. Next, place them onto their back, and pull the pad out at the front, whilst taking care to maintain the channel shape.





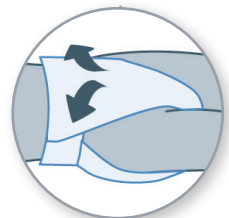
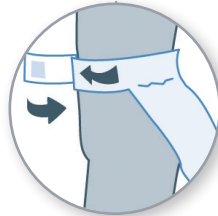
STEP 3

Arrange and smooth the pad over the abdomen and buttocks. Pull out the front of the pad until it is completely open, and secure both ends to the belt using the two velcro fastenings.



STEP 4

Finally, ensure the pad is fitted securely and comfortably between the legs and the groin area.





WETNESS INDICATOR

Each pad possesses a wetness indicator which you can identify by looking for two coloured lines (both yellow). These are a guide to when you need to change the product and can be checked without the need to remove the pad.

As you pass urine into the pad the yellow lines will gradually turn blue. Once the majority of the lines have changed it is time for you to change and dispose of your pad.

IMPORTANT ADVICE

The use of talcum powder is not recommended, oil based barrier creams may reduce the performance of the pads. If the barrier creams must be used they should be applied sparingly and only on treatable areas.

Used products should be disposed of in the appropriate manner. They cannot be flushed down the toilet.

iD EXPERT BELT

AVAILABLE WAIST SIZES:

MEDIUM
LARGE

70-115CM
95-135CM

